



# BACHELOR OF FINE ARTS (DANCE)

## VIDEO AUDITION INSTRUCTIONS via Dropbox

(For applicants unable to attend an audition)

The following guidelines are provided for applicants who are unable to attend an audition and would like to submit a video audition via Dropbox. The video audition must include **all** the information detailed below. Please follow the order indicated and adhere to the given time limits.

### **How do I send you my video audition?**

- Create a [Dropbox](#) account (if you  have an existing account)
- Upload your audition video to Dropbox.
- Share a link to your video.
- Send your link to [YDFPFP@GPLVLR@PHOE@G@](mailto:YDFPFP@GPLVLR@PHOE@G@)

### **Important notes:**

- x **Female** applicants should wear light coloured (**not black**) tights and leotard.
- x **Male** applicants should wear a singlet top (**i.e. no sleeves**) and light coloured tights.

## **Audition Requirements**

### **SECTION ONE - PERSONAL INTRODUCTION**

#### **a. Introduce yourself. Please include:**

- x your name
- x your address in full
- x your date and year of birth
- x your age
- x your nationality/citizenship
- x your telephone number

#### **b. Give details of the dance training you are undertaking this year, including:**

- x subject(s) taken, style or method taught
- x number of hours per week for each subject, teacher(s) name(s)

#### **c. Give details of any dance training undertaken prior to this year:**

- x year(s) – how many and dates
- x subject(s) taken, method(s) studied and standard reached, teacher(s) name(s)

#### **d. Details of education undertaken:**

- x course/award/level attempted – provide dates
- x course/award/level attained – provide dates

#### **e. Please state clearly why you wish to train at the Victorian College of the Arts and talk about your career aspirations, explaining how the course will assist you to fulfil these (2 to 3 minutes)**

## **SECTION TWO – ALIGNMENT**

1. Candidate faces the camera in a natural position – arms by the side, feet parallel. Then, by quarter turns, to face the side, back, side and front again. Hold for 3 seconds in each position.
2. Repeat step 1 with your arms lifted above your head.
3. Repeat step 1: feet 1st position, arms 5th en haut.
4. Candidate facing camera: degagé à la seconde, arms à la seconde (both sides) (total of 10 seconds)
5. Candidate stands 1st arabesque à terre to the left, then to the right (5 seconds each side)

**For steps 6 - 12, execute the positions facing the camera and then side on to the camera, both left and right. (Hold for 3 seconds in each position)**

6. Sitting on the floor, soles of feet together, knees open. Torso upright, arms down, hands resting on ankles.
7. Sitting on the floor, legs extended to either side of the body (2<sup>nd</sup> position), torso upright, arms by the side.
8. Sitting on the floor, side on to camera, legs extended in parallel, feet fully stretched/pointed. i.e. plantar flexion.
9. Lying on back, with both knees bent and both feet on floor hip-width apart (constructive rest), développé right leg, holding lower leg with both hands, and extend left leg along the floor. Execute side on to camera only. Repeat other leg.
10. Sitting on heels, rest forehead on floor, arms lying alongside lower legs, hands near feet (prayer position or child's pose).
11. Standing, legs straightened, feet parallel and hip width apart, roll down through spine and touch hands to floor. Unroll slowly through the spine bringing torso to upright/standing position.
12. Turn (back to camera) and walk slowly and naturally in a straight line directly away from the camera; turn to face the camera and walk back to the starting point.
13. Walk slowly in a wide circle once around the room to the left, continue increasing speed until running, repeat to the right.

## **SECTION THREE - CLASSICAL CLASSWORK – TO BE DEMONSTRATED ONLY IF PREVIOUSLY STUDIED**

1. Barre exercises (executed on both sides) to include – plié, battement tendu, battement glissé, rond de jambe, adage, grand battement (no more than 15 minutes).
2. Centre Exercises – to include pirouettes en dehors, pirouettes en dedans (5 minutes)
3. Adagio – including arabesque and attitude en l'air, développé, grand rond de jambe (2 - 3 minutes)
4. Petit Allegro (1 - 3 minutes)
5. Grand Allegro (2 - 3 minutes)

#### **SECTION FOUR - CONTEMPORARY CLASSWORK - TO BE DEMONSTRATED ONLY IF PREVIOUSLY STUDIED**

1. Floor Exercises: from Graham, Limon or similar technique (if studied) to include bounces, foot flexes, spirals, contractions etc. (10 - 15 minutes)
2. Centrework: demonstration of style studied such as Graham, Limon, Cunningham, Horton, Post-modern to include articulation of spine in forward, side and back curves, foot articulations (no more than 10 minutes)
3. Travelling Sequences: Triplet sequence, sequence moving in and out of floor including falling, rolling, turning and balancing, jumping sequence (5 - 6 minutes)

#### **SECTION FIVE – SOLO**

Include a solo dance work, preferably your own composition, which feels closest to your own personal style of dance  
(1 - 3 minutes)

#### **SECTION SIX - IMPROVISATION**

The improvisation task involves responding spontaneously to 2 different pieces of music, which you can download from the School of Performing Arts website located at <http://vca.unimelb.edu.au/performingarts>. You can listen to the music briefly to get a feel for it and then move in response to the mood, themes, rhythmic structure of the music. Please do not make this a composition or choreographic task. You need to improvise or move spontaneously and reflect whatever association might occur to you.