

About the Courses

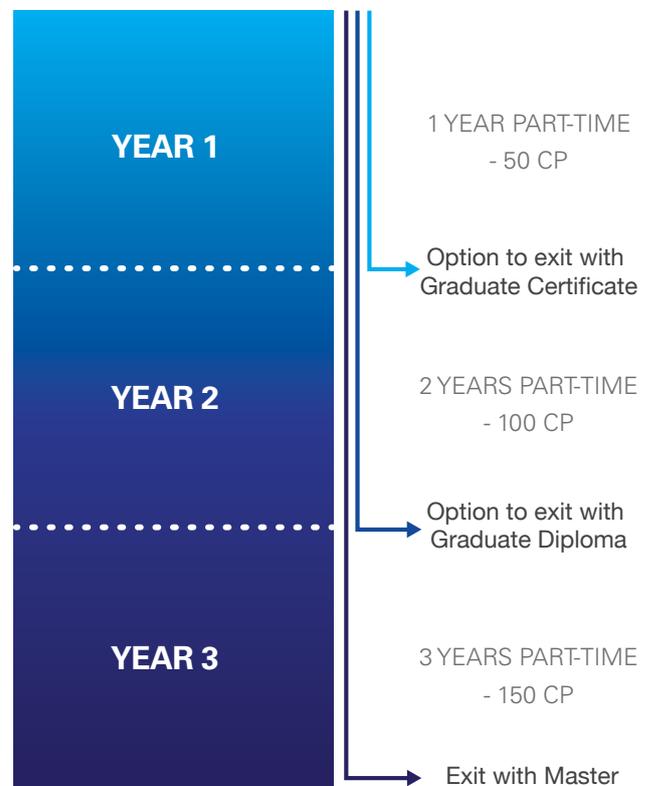
This course is a nested program, in which students may choose to study a Graduate Certificate (GC-MHSC), Graduate Diploma (GD-MHSC), or Master of Mental Health Science (MC-MHSC).

The program provides the necessary flexibility to undertake professional development around existing work commitments. While some subjects require on-campus contact hours, most subjects feature online learning including lecture recordings and online quizzes and assessments.

The Mental Health Science curriculum is customisable, allowing students to tailor their learning from a range of streams and levels of study. This adaptive structure ensures all subjects are directly relevant to a student's professional interests.

These Mental Health Science programs are recognised professional development for a wide variety of mental health vocations and provide a solid grounding in selected areas of mental health practice. A Graduate Certificate, Graduate Diploma or Master degree in Mental Health Science will be viewed positively by employers and may lead to advancement within a mental health related career. The research year at Masters level provides graduates with experience for those wishing to pursue a PhD course.

Students can select from a Graduate Certificate (1 year part-time), a Graduate Diploma (2 years part-time) or a Master in Mental Health Science (3 years part-time). Students enrolled in the Masters program can choose to exit at these points with the alternative qualification.



Course Coordinator

Associate Professor James Olver

“In the Master of Mental Health Science we are excited to have gathered a group of enthusiastic and dedicated teachers, who are passionate about advancing knowledge and clinical practice in mental health. This course offers flexibility and innovation in teaching and should be attractive to anyone working in the mental health field.”



Selection Criteria

Graduate Certificate (GC-MHSC), Graduate Diploma (GD-MHSC) or Master (MC-MHSC):

- An undergraduate degree in a cognate field of health or mental health; **or**
- Within the last 10 years at least five years (full time equivalent) of documented professional experience in a mental health field, including a component of appropriate advanced training, substantiated by two referee reports, which demonstrates health-related knowledge and writing skills comparable to holders of cognate undergraduate degrees. **or**
- For *Graduate Diploma (GD-MHSC)*: the Graduate Certificate in Mental Health Science with at least an H2B (70%) weighted average or equivalent.
- For *Master (MC-MHSC)*: the Graduate Diploma in Mental Health Science with at least an H2B (70%) weighted average or equivalent.

Applicants must meet the University's English language requirement and the Selection Committee may conduct interviews and tests and may call for referees.

Meeting this requirement does not guarantee selection. For full selection requirements please visit: go.unimelb.edu.au/49in

Course Streams

Infant

The Infant stream focuses primarily on the baby and infant/parent relationships and the methodologies with which infants and their problems have been studied.

This stream provides training in skilled assessment and intervention with families, including theoretical and observational foundations for working with infant mental health problems and with families in the perinatal period. Infant and parent mental health teaching is delivered at the Royal Children's Hospital, Melbourne.

Child

The Child stream is held at Mindful, the Centre for Training and Research in Developmental Health. This stream provides a solid grounding in the principles of cognitive behaviour, psychodynamic and family therapies for working with children, adolescents, families and parents.

At Graduate Diploma level this knowledge is applied through clinical practicums where students receive supervision while delivering therapy in their own clinical work.

Youth

The Youth stream covers broad fundamentals of mental health practice, including subjects on psychopharmacology, psychotherapies, personality theory and substance use. At Graduate Diploma level students have more opportunities to specialise in youth-specific mental health.

Adult

The Adult stream begins with an identical structure to the Youth Stream, covering broad fundamentals of mental health practice. At Graduate Diploma level students will focus on more advanced and specific adult mental health topics.

Aged

The Aged stream is taught in association with the National Aging Research Institute (NARI). Both Graduate Certificate and Graduate Diploma will cover widely applicable fundamentals of mental health practice in addition to specialised topics in old age psychiatry and geriatric medical practice.

More information

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www.medicine.unimelb.edu.au

<http://medicine.unimelb.edu.au/MC-MHSC>